

## Everyday Hero Rules:



1. Must be a PAMED member at the time of award presentation.
2. Must have at least one (1) year of membership in PAMED.
3. Must be nominated through an online form via [www.pamedsoc.org](http://www.pamedsoc.org).
4. Must be selected by staff at PAMED and confirmed by the sitting PAMED president.
5. Can be a medical student, resident, actively-practicing physician, academic physician, or retired physician.
6. Previous recipients may not be renominated. Once a person is an Everyday Hero, they hold that title for life.
7. Unsuccessful nominations can be renominated.
8. Selected recipients will be notified and asked to accept the award.
9. Selected recipients must agree to allow PAMED to publicize their award, and assist in arranging an award presentation with a PAMED representative.
10. Those nominated can be disqualified should supplied information be determined to be false, or if selected candidate does not respond to confirmation.
11. All entry forms, information supplied, and confirmation responses become property of the Pennsylvania Medical Society.

[Click here to nominate a member...](#)