

## Douglas A. Spotts MD, FAAFP, FCPP



Dr. Spotts is a native of Mifflinburg, PA and a graduate of Juniata College and The Pennsylvania State University College of Medicine. He is a Board-Certified Family Physician and Fellow of the American Academy of Family Physicians and of the College of Physicians of Philadelphia. His career experiences have included the private practice of full-spectrum family medicine, clinical teaching of medical students and resident physicians, and varied physician executive positions. Doug is the Past President of the Pennsylvania Academy of Family Physicians and the American Academy of Family Physicians Foundation where he led board diversity, equity, and inclusion study and governance change for both organizations. He is a member of several professional and community organizations and enjoys running, music, travel, and any outdoor activity in his spare time. He is married to Sue Ellen Shively Spotts, and they are the parents of two adult children.

When asked to define his key leadership passions, Doug states, "developing physician leaders to embrace change and collaborate with their administrative colleagues and partners, helping members of care teams to succeed at all times, fostering meaningful relationships through mentoring, leading strategic planning, governance initiatives, and execution of goals to include DEI perspectives, and addressing health disparities through a population-based and health equity lens." He feels it is a paramount time for family physicians to be leaders in their clinics, hospitals, board rooms, and communities; they are uniquely positioned to understand the importance of collaborative partnerships and agile practice in addressing the major problems facing the US healthcare system and society.

"While we attempt to understand the language of our patients, colleagues, legislators, and administrators, they don't always understand our language, and we must inspire, invite, and educate others to consider our perspectives and collaborate to listen and learn their own."

Most importantly, he is inspired by his colleagues daily and is always ready for a good discussion over a nice glass of red wine!